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'JAM PÄL YE SHE SEM PA'I DRUB T'AB SHIN TU DÜ PA  
YE SHE NANG WA SHE JA WA SHUG SO

# The Light of Wisdom

An Extremely Concise Practice of  
Mañjusri-jñānasattva

**LA MA 'JAM GÖN YER ME LA TÜD NE YE SHE SEM PA'I DRUB T'AB DOR DÜ DRI**  
*Having made prostration to the teacher as one and identical with the Gentle Protector, I shall now write down  
the concise sadhana of the jnana-sattva.*

པད-པའ-ஆ-ଶ୍ଵର-ସାଙ୍ଗବନ୍ଦ-ଶିମନ୍ଦ-ଶ୍ଵର-ଦୟା-ପଶ୍ଚା ପ୍ରକୃତି-ଶିମନ୍ଦ-ପହଞ୍ଚ-ଶ୍ଵର-ଦ୍ଵିତୀୟ-ପଶ୍ଚା

*On a comfortable seat, taking refuge and generating the enlightened attitude, recite the SHUNYATA mantra and look into the real meaning of emptiness.*

ଜୀବନକୁ ହେଲାଏ କିମ୍ବା କିମ୍ବା କିମ୍ବା

OM SHUNYATA GYANA BENDZAR SWABHAWA ATMAKÖ HANG

藏文： བྱତ୍ତ དର୍ବ୍ଲ དନ୍ଦ མଣ୍ଡ མୁ ཁେ ଶଣ མନ୍ତ དନ୍ଦ ।

## TONG PA'I NGANG LE NA TS'OG PE MA DANG

On a throne of variegated lotus, sun and moon that has sprung from the state of emptiness

ୟ-ନ୍ତିର-ଶହର-କ୍ଷେତ୍ର-ପଦ-ମେଣ-ଶୁଣ-ଦୟା-ଶେଷ ।

## DA NYI' DEN TENG RANG RIG MUM MAR SER

is my own awareness as the orange syllable *MUM* brilliantly blazing with rays of light.

藏文： གྱତ୍ྯ རେ རେ

'Ö ZER RAB 'BAR DE LE 'Ö TR'ENG 'TRÖ  
From this, a garland of light streams forth

— ३ —

କୁପ୍ରବ୍ସାନୁକ୍ରମକଣ୍ଠରେ ଦୂରିତାକୁ କାହାରେ କାହାରେ କାହାରେ କାହାରେ

making offering to all the Victorious Ones and purifying

TSI-LIP-IDÜ-YONG-GYUR-DAG-NYI-HAM-BÄL-YANG

Gathering back, by a perfect transformation, I my

ମତ ଲକ୍ଷ୍ୟର ମଧ୍ୟ ପାଇଁ ପ୍ରକାଶ ଦିଲ୍ଲିଯାରୀ ।  
TSO MA SER DOC SUÄL CHUC CHUAC NYLRA

the color of refined gold, with one face and two

YE PA SHE BAR BÄL DRIPUNG T'E CH'AP

the right raised and brandishing the sword o

YÖN PA TUG KAR TEB SIN UT PA LAJ

and the left, with joined thumb and ring fin

YU WA NE 'DZIN GE SAR PUNG YÖN T'E

ରୂପଶିଦଶ୍ଵରମଣେଷାକୁପରିଶୈଶବନମତବ୍ରା ।

## 'DZUM TENG TONG TR'AG GYA PA'I LEG BAM CHEN

with the volume of the *Sutra of the Transcendent Perfection of Penetrating Insight in 100,000 Stanzas* on its smiling surface.

ZUR PÜD NGA CHE TÖN T'ING TOR TS'OG DZE  
He is beautiful with a blue-black topknot of five braids,

ଶୁକ୍ଳଶର୍ମିକେନ୍ଦ୍ରାଶ୍ରମାଶ୍ରମା ।

NA TS'OG RIN CHEN GYEN DANG DAR GYI LUB  
adorned with various jeweled ornaments and wearing robes of silk,

ହେବାରୀ ପାଦିଲାକୁ ମନ୍ଦିର ପାଦିଲାକୁ ମନ୍ଦିର ।

DOR KYIL SHI 'DZUM TS'ÄN PE'I ZI 'BAR WAI  
seated in vajra posture and peacefully smiling.

ଶକ୍ତିଶାନ୍ତିମାର୍ଗୀଃ ଶାନ୍ତିମାର୍ଗାଦିଷାନ୍ତିମାର୍ଗିଃ ।

**NE SUM 'DRU SUM KAR MAR T'ING TS'ÄN LE**  
Ablaze with all the signs and characteristics of a great being, from the three symbolic red, white and blue seed-syllables in his three places

'Ö 'TRÔ YE SHE SEM PA' CHÄN DRANG GYUR  
light streams forth, inviting deity in the form of his primordial awareness,

DZAH HUNG BAM HOH DAG DANG NYI ME T'IM  
and, with *DZAH HUNG BAM HOH*, this merges inseparably with me.

ଶ୍ରୀମଦ୍-ଯୁଗାନ୍ଧିଷ୍ଠାନ୍-ବିଜ୍ଞାନ୍-ପ୍ରକାଶନ୍ ।

LAR YANG T'UG LE 'Ö 'TRÖ RIG NGA'I LHA  
Then again, light streams out from my heart,

ଶ୍ରୀମତୀ ପାତ୍ନୀ କଣ୍ଠାରୀ ଏବଂ ଶ୍ରୀ ପାତ୍ନୀ କଣ୍ଠାରୀ

ՉՅՆ ԲՐԱՆ Ա ՀԱ ՇՆ ԴՐԱ ՋԵ ԵՎ |  
CHĀN DRANG ME TOG RÖ DANG MAR ME DRI

inviting the deities if the five families and offer

## SHÄL-ZE RÖL-MO DANG CHE CHÖ PA 'BÜL

along with food and music.

## ଅନ୍ଧାରାଶୀତାହାତ୍ମିକ୍ତୁତ୍ୱ

OM SARVA TATHAGATA ABHIKINTSAYO MAM

କେଶ'ଶନ୍ତି'ପୁରୀ'କୁଣ୍ଡଳୀ'ବରଷା'ଦ୍ୱାରାକ୍ଷେତ୍ର

# SHE SÖL BUM CHÜ CHI BO NE WANG KUR

As I make this request, pouring water from their vases onto the crown of my head, the grant me empowerment.

ଶ୍ରୀଶନ୍ତିଶବ୍ଦାତ୍ମକାଳୀନ

KU GANG DRI MA DAG CHING CHU LHAG MA

Filling my body, it cleanses away all stain, and the remainder,

CHI WOR 'KYIL LE NAM NANG U GYÄN CHING

gathered on the crown of my head, becomes my crest-ornament, the Buddha Vairochana

དཔດ་ჭု' ວදສາ' ສි' ສුෂ' ພ' ເස්ම' ພස' ຖුම'

# WANG LHA DAG GI LÜ LA TIM PAR GYUR

as the deities of empowerment themselves dissolve into my body.

ଆମ୍ବାକୁ ସେଇବା ଶହୁ ପରିଚୟ ଦେଖି ପରିଚୟ ଦେଖି ଆମ୍ବାଗାଁ ପରିଚୟ ଦେଖି ଏହାକୁ ପରିଚୟ ଦେଖି ଆମ୍ବାକୁ ସେଇବା ଶହୁ ପରିଚୟ ଦେଖି ଆମ୍ବାଗାଁ ପରିଚୟ ଦେଖି ଏହାକୁ ପରିଚୟ ଦେଖି

ମୁଁଦ୍ରି କେଣ୍ଣରାଶୀଶ୍ଵର

With OM MANJUSHRI GYANA SATO BENZAR ARGHAM PODYAM PUPAM DHUPAM ALOKAM GHENDHE NEWIDYAM SHAPTA SARWA PUDZA MEGHA SAMUDRA SAP'ARANA SAMAYE HUNG  
*and so on, make offerings.*

四庫全書

### *The extensive praises*

GANG GI LO DRÖ DRIB NYI TRIN DRÄL NYI TAR NAM DAG RAB SÄL WE

Intellect blazing like the sun freed from the enshrouding clouds of the two-fold obscuration,

ହିଁ-ଶ୍ଵେତ-କୁରୁ-ଗୁରୁ-ହିଁ-ବନ୍ଦିଶ-ମହିଷାଶ-ପ୍ରିଯ-ଧିନ-ଶ୍ରୀ-ଶୁଣଶ-ଗାନ-ଶ୍ରୀଗଶ-ପମ-ରହିବା ।

JI NYE DÖN KÜN JI SHIN ZIG CH'IR NYI KYI T'UG KAR LEG BAM 'DZIN

because of directly seeing all things exactly as they are in reality, you hold to your heart a volume of text.

GANG DAG SI PA'I TSÖN RAB MA RIG MÜN 'TUM DUG NGÄL GYI ZIR WA'I

Looking upon each of the host of beings suffering and tormented in the dark prison of ignorance that is samsara as your only child.

ରୁଷ-କେନାଶ-ଗୁରୁ-ବ୍ୟାପୁ-ମାତ୍ରିକା-ଖୁଲ୍ମ-ଏକ୍-ଯୁଦ୍ଧ-ଯୁଗ-କୁର୍ରି-ଦ୍ୱାରା-ଖୁଲ୍ମ-ଶକ୍ତିମାନ ।

'DRO TS'OG KÜN LA BU CHIG TAR TSE YÄN LAG DRUG CHUI' YANG DEN SUNG  
with your voice with its sixty harmonious qualities

ବ୍ୟାପାରୀଙ୍କେ କ୍ଷେତ୍ରଶାସନ କ୍ଷେତ୍ରମାନଙ୍କିର୍ଦ୍ଦ ବ୍ୟାପାରୀଙ୍କୁ ବ୍ୟାପାରଶାଖା କ୍ଷେତ୍ରମାନଙ୍କିର୍ଦ୍ଦ ।

'DRUG TAR CHER DROG NYÖN MONG NYI LONG LE KYLCHAG DROG 'DRÖL DZE CHING

DRUG TARCHEK DRUG NYON MONG NYI LONG EL KIT CHAG DRUG DRUG DZEE CHING resounding like thunder, you wake them from the sleep of defilement and free them from the chains of karma.

MA RIG MÜN SEL DUG NGÄL NYU GU JI NYE CHÖ DZE RÄL DRI NAM

Wielding the sword that dispels the darkness of ignorance, you cut down the shoots of suffering wherever they appear.

DÖ NE DAG CHING SA CHUI T'AR SÖN YÖN TEN LÜ DZOG GYÄL SE T'U WO'I KU

Pure from the beginning, you have realized the tenth level and perfected all qualities. Your powerful body of a Son of the Conquerors

བྱତ୍ସୁଷ୍ମଣ ବྱତ୍ସୁଦ୍ଵା ବྱତ୍ସୁଗନ୍ଧିଷ କୁର୍ବାଶ୍ଚନ ବ୍ୟବ୍ଲେମ୍ବୁନ ଶେଷ ପ୍ରିଦ୍ୟା ଏହୀଙ୍କା

CHU TR'AG CHU DANG CHU NYI GYÄN TRE DAG LO'I MÜN SÄL 'JAM PA'I YANG LA RAB TU 'DÜ  
is adorned with the hundred and twelve marks of a superior being. To you I bow down to you who dispels the  
darkness of my mind.

४५

### *A condensed version*

ଶର୍କର୍କୁର୍ଦ୍ଧିଶ୍ଚୁଷ୍ମାରହନ୍ତିଷ୍ଠି ।

## SHÖN NU KU LÜ 'CHANG WA PO

You who have the enlightened bodily form of a youth,

ଏଣେତାଙ୍କମେହୁରୁଦ୍ଧନ୍ତି ।

## YE SHE DRÖN ME RAB TU 'BAR lamp of primordial awareness brilliantly blazing,

କହିଲା ହେବ ଶର୍ତ୍ତି ମୁଖ ମୁକ୍ତ ଦଶବ୍ୟଦୀ ।

'JIG TEN TI MUG MUN SAL WA  
you who dispel the dark gloom of worldly

ଓ'ମ'ା'କ'ବ'ା'କ'ର'ନ'ା'ଭ'ା'ବ'କ'ର'ନ' ।

**'JAM PÄL YANG LA CH'AG 'TSÄL TÖ**

to Manjushri, the

With these and other similar purposes in the mind,

ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

TUIC KAP NYI TENG MUM TIAW NGAG TRENG CHE

In his heart centre on a solar disc is the syllable *MUM* surrounded by the myrobra myra.

ଶଶେନ୍ଦ୍ରଶାଙ୍କୁ. ଗୀତାମକିଳିର୍ଥାଯିନ୍ଦ୍ରଶାଙ୍କୁ ।

SER DOG 'Ö KYI RANG ZHIN YE 'KOR WA'I

ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକାଶନକୁଣ୍ଡଳୀକାର୍ଯ୍ୟମୟେଷଣା ।

ZER 'TRÖ CH'OG DÜ GYÄL KÜN JIN T'U DÜ

Rays streaming forth gather up the blessings and power of all the Victorious Ones throughout space and time and dissolve these into the syllable *MUM*.

ଶ୍ରୀଶିମାଶୁଦ୍ଧଦ୍ୱାରା ପ୍ରକାଶିତ ପରିଚୟାବଳୀ ପାଇଁ ।

# MUM T'IM LAR 'Ö 'TRÖ PE NÖ SHÄL YE

Streaming forth again, light rays transform the inanimate universe into a limitless palace

ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକାଶକର୍ତ୍ତା ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକାଶକର୍ତ୍ତା

## NYI GYUR CHÜ KYI SEM CHEN DRIB PA JANG

and purify all obscurations of its inhabitants, the sentient beings,

ସମ୍ବନ୍ଧରେ କୌଣସିବାରୁ ପାଞ୍ଚଟଙ୍କା ଶତାବ୍ଦୀ ମଧ୍ୟରେ ହେଲାଏ ।

## RANG DRA'I LHAR GYUR KÜN KYANG NGAG DRA DROG

transforming them into deities just like me and all of them chanting the sounds of the *mantra*.

ଶ୍ରୀକୃଷ୍ଣାଶବ୍ଦିପଦମିଶ୍ର ।

'Ö ZER TS'UR 'DÜ SA BÖN LA TIM MIG  
Gathering back again, these rays of light diss

#### OM WAGISHORI MUM

ବୈଶାଖୀକୁ ହୃଦୟରେ ପାଦମନାଥଙ୍କୁ ଦେଖିବାରେ ଆମଙ୍କୁ ଅଧିକାର ହେଉଛି।

*numbered thousand.*

# ସବୁ ମଧ୍ୟ ହାତରେ ପାଇଁ କିମ୍ବା ଏହି କିମ୍ବା

### *The dissolution phase at the close of the session*

# የኢትዮጵያ ማኅበር አገልግሎት

# NÖ CHÜ 'Ö SHU RANG T'IM RANG NYI KYANG

The world and its beings melts into light a

TUG KA'I MUM TIM ME RIM NA DAT BAR

dissolve into the *MUM*-syllable in my heart,

RIM TIM MIG ME TONG SÄL DE CHEN SHAG

slowly dissolving from the bottom up till only the *nada* remains and I come to rest in the state of great bliss that is objectless clarity-emptiness...

শুন্যতা করে দেব পুরুষ শুন্যতা করে দেব পুরুষ।

## LAR YANG 'JAM PÄL PA' WO'I KU RU GYUR

... Once again, I arise in the enlightened bodily form of Mañjuvira.

କେଶଦ୍ୱାମିଶ୍ଵା

## *Visualize this.*

ଶ୍ରୀମଦ୍ଭଗବତ୍-ପାଦି-ଶ୍ରୀନାଥ-ଶ୍ରୀନାଥ-ପାଦ

*A prayer of aspiration to precede entry into the fourfold path of activity*

ସକ୍ତି-ଧୂର-ପ୍ରଦ-ଶୁଣାନ୍ତିକ-ବ୍ୟାହଦ-ଶେଷ-ଶୁଣା ।

TSE DEN KY'Ö KYI KY'EN RAB 'Ö SER GYI

Love-filled one, with the radiant light of your supreme knowledge

ମଦ୍ରାସା ପ୍ରଦିତ୍ତ ମୁଶି ମୁକ୍ତ ଧରମ ମନ୍ଦିରା ।

# DAG LO'I TI MUG MÜN PA RAB SÄL NE

completely illumine the dull stupidity of my mind.

ସାହୁରେ ପାତାରେ ପାତାରେ ପାତାରେ ପାତାରେ ପାତାରେ ପାତାରେ

**KA' DANG TEN CHÖ SHUNG LUG TOG PA YI**  
Grant me the intelligence and clear confidence of mind

၃၁၁။ မြန်မာနိုင်ငံတော်လုပ်ချုပ်ရုံး၊ မန္တလေးမြို့၊ မန္တပြည်နယ်။

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## LO DRÖ POB PA'I NANG WA TSÄL DU to understand the teachings and their various

**Y** **S**

ସଦାକାନ୍ତିରୀଣାମାତ୍ରମାତ୍ରଃ ।

## GANG TS'E TA WAR 'DÖ PA

## וְעַמְקָדָן וְעַמְקָדָן

CHUNG ZE DRI WAR 'DÖ NA  
or even just ask you a question.

ମର୍ତ୍ତାକୁ ଦେଖିଲା ଏହାମାତ୍ରାଙ୍ଗନରେ ପାଇଁ ଆଜିର କିମ୍ବା ପରିବାରରେ ଥିଲା ।

## GÖN PO 'JAM YANG KY'Ö NYI NI Protector Mañjugosha.

### ຄໍາອະນຸມາດຕະຖານາ

GEG ME PAR NI TONG WAR SH

may I perceive you without the slightest obstacle.

ଶ୍ରୀମତୀ ପାତ୍ନୀ କଣ୍ଠରୁ ଏହାରେ ଆମେ ଯାଇଲୁ କିମ୍ବା କିମ୍ବା

## **CHOG CHU NAM KAYTE TUGTAT**

### **May my way of life**

શેમણાત્રાનુષ્ટ્રાવસ્ત્રાનુષ્ટ્રાચીં |

SEM CHEN KÜN DÖN DRUB JA'I CH'IR  
be like that of Mañjushri,

ક્રીલ્લાનુષ્ટ્રાવસ્ત્રાનુષ્ટ્રામર્દાચ |

JI TAR 'JAM YANG CHÖ DZE PA  
who exists only to accomplish the benefit

એનાન્નાન્નાન્નાન્નાન્નાન્નાન્ના |

DAG SOG CHÖ PA'ANG DE 'DRAR SHOG  
of the sentient beings in the ten directions.

શાબ્દાનુષ્ટ્રાવસ્ત્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રા |

Also do whatever other prayers of dedication and aspiration you know.

ક્રીલ્લાનુષ્ટ્રાવસ્ત્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રા | એન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્ના | એન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્ના | એન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્ના |

એન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્ના | એન્નાન્નાન્નાન્નાન્નાન્નાન્નાન્ના |

Thus, to fulfill the request of Lama Tr'iple Ts'edag and various other earnest practitioners, this concise and essentialised practice of meditation on and recitation of Mañjushri Jñanasattva was composed by the 'Drikungpa monk Ratna Karma Bhadra.

જ્ઞાનાનુષ્ટ્રાવસ્ત્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રાનુષ્ટ્રા ||

MANGALA SHRI DZOLA DZAMBUDWIPA ALANGKARA BHAWANTU—May its glorious blessings  
blaze up to become an ornament for the entire world.



This text was translated by Mike Dickman for the  
*Drikung Dzogchen Translation Project (DDTP)*  
and may be subject to revision at a later date.

May the *dākinīs* and *dharmapālas* forgive any errors or omissions.



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唵 ད୍ୡମା པନ୍ଦରା ར୍ୱାଗ୍ରା

'JAM YANG MÖN LAM

## A Prayer to Mañjughosha, the Gentle–Voiced Lord

ནାମୋ ମନ୍ଜୁଷ୍ରିୟେ।

NAMO MAÑJUSHRIYE—*To Mañjushri I bow down.*

ଶେ କା ଯିଙ୍ଗ ଚିଂ ଯା ଲା ।

SHE JA KA' YING ZAB CHING YANG PA LA

Powerful one who dispels the accumulated dark gloomy ignorance of all sentient beings

ଫ୍ଳାର୍ଣ୍ଣ ନ୍ତ୍ରୀ ଏଷମ କ୍ରୂଣ ପରି ଦ୍ଵାରା ତ୍ରିଷ ଶ୍ରୀଣା ।

LO DRÖ KYIL 'KOR GYE PAT 'Ö ZER GYI

by sending forth rays of light streaming from your *mandala* of understanding and intelligence

ଶ୍ରୀ ଦ୍ଵାରା ପରି ତ୍ରିଷ ଶ୍ରୀ ଏଷମ କ୍ରୂଣା ।

KYE GU'I MI SHE MÜN PA'I TS'OG NAM KÜN

into the vast and profound space–like realm of the knowable,

ଶ୍ରୀ ପ୍ରିଦ ଦ୍ୱାରା ଦ୍ୱାରା ପରି ତ୍ରିଷ ଶ୍ରୀ ଏଷମା ।

SEL JE WANG PO 'JAM PA'I YANG LA 'DÜD

to you, Gentle–Voiced Lord Mañjughosha, I bow down.

ଦେନ ନେ ଝନ୍ତ ତେ ଜାଙ୍ଗ ଚୁବ ନ୍ୟିଙ୍ଗ ପୋଇ ବାର ।

DENG NE ZUNG TE JANG CHUB NYING PO'I BAR

Since, from now until I attain the essence of enlightenment,

ଶ୍ରୀ ମିନ ଦାଗ ଲା କ୍ୟାବ ନେ ମା ଚି ପେ ।

KYÖ MIN DAG LA KYAB NE MA CHI PE

I entrust myself to no other refuge but you,

ଏଷା ଶ୍ରୀ ଦ୍ୱାରା ଶ୍ରୀ ଏଷମ କ୍ରୂଣା ।

LE KYI WANG GI RIG DRUG GAR KYE KYANG

wherever I am born among the six realms by the force of my *karma*,

ଏଷମ ପରି ରହି ଏଷମ ଏଷମ ଏଷମ ଏଷମ ଏଷମ ।

'KOR WA'I 'JIG LE KYOB SHIG 'JAM PA'I YANG

please protect me from the terrors of samsara, Gentle–Voiced Lord.

དନ୍ତଶ୍ଵରିକେ ଦହିବି ଦକ୍ଷ ପ୍ରିଣ୍ଟିଂ ସର୍ଟିଫିକ୍ୟୁସନ୍ ।

DAG NI TS'E DI'I 'DU JE TONG WA NA  
When I am forced to abandon the *karmic* patterning of this life,

ସକେ ବିଦ୍ୟମଶ ପରି ଶନେଇ ସମେଶ ଗୁରୁ ଦନ୍ତ ସମ୍ବା ।

TSE SHING JAM PA'I NYEN SHE KÜN DANG DRÄL  
and, seized by the fearsome and terrible Lord of Death,

ହୁ'ବିଦ'ରକିଷାପଦ'ଶବ୍ଦ'ବିନ'ହେଶ'ବିନ'ପଦ'କେ ।

NGAM SHING 'JIG PA PA'I SHIN JE ZIN PA'I TS'E  
am separated from all kindly and loving friends and relatives,

শাৰ্মিণ-হৃদয়ৰ দুষ্পাত্ৰ অসম কেৱল পৰি-প্ৰসূত হৈছে।

**SHIN JE'I 'JIG LE KYOB SHIG 'JAM PA'I YANG**  
protect me from the horrors of Yama, Gentle-Voiced Lord

ସଂଶୋଧନା କରିବାକୁ ପରିଚାଳନା କରିବାକୁ ପରିଚାଳନା କରିବାକୁ ପରିଚାଳନା ।

T'OG ME DÜ NE LE NGÄN SAG PA'I T'Ü  
When, by the power of evil acts accumulated throughout beginningless time

ଶିଦ୍ଧାତ୍ମକାରୀଙ୍କ ପରିଚାଳନା କରିବାକୁ ଅନୁରୋଧ କରିଛା ।

SIPA BAR DOR NYÖN MONG LUNG SHUG KYI  
and the force of the winds of afflictive emotion in the intermediate state of becoming

བྱକ୍ଷଦ୍-ନ୍ୟାର-ନ୍ୟକ୍-ର୍ବାଣ୍ଡି-ଶ୍ୟଦ-ନ୍ୟା-ର୍ବାଣ୍ଡି-ଶ୍ୟଦ- ।

ZÖ KA' NGÄN DRO'I YANG SAR 'KYER SI PE  
I am snatched away over the terrifying precipice of the unbearable lower realms of birth

ଶ୍ରୀମଦ୍ଭଗବତ୍-କାନ୍ତିଶାଖା-ପଦ୍ମିନୀଦୟା ।

NYÖN MONG LUNG GO CHÖ CHIG JAM PA'I YANG  
please shut off the vent of the winds of mistaken worldly emotion, Gentle-Voiced Lord

ଏହିକୁମାତ୍ରେ ଶାନ୍ତିମରମଣାଙ୍ଗୁଳିକୋ ।

**BAR DOI NAM SHE NYING TS'AM JOR WA'I TS'E**  
As the intermediate state consciousness is takes rebirth again and again.

ମୀର୍ତ୍ତମାନକୁଦ୍‌ବ୍ୟନ୍ଧନାଯନାମସାହୁନାମିତା ।

**MI K'OM GYE PO DAG LE RAB 'DE SHING**  
purifying the eight unfavorable conditions<sup>1</sup> so that I utterly transcend them

ସମ୍ବନ୍ଧରେ କଥା ମହିନେ ଦିନରେ ପରିମାଣ କରାଯାଇଛା ।

T'UB TEN GYÄL TS'ÄN 'DZIN PA'I RIG DAG TU  
please set up the auspicious links for me to be born

1. Birth as a hell being, a hungry ghost, an animal, a long lived god or barbarian, or as someone with wrong views or in a time where no buddhas appear in the world

ጀ. ପରିହାର. ପରିଷେଷା ଶିକ୍ଷଣ ପରିହାରା ।

KYE WA'I TEN 'DREL DRIG SHIG 'JAM PA'I YANG  
into families that uphold the victory banner of the teachings of the Enlightened One, Gentle-Voiced Lord.

ଆ'ପାଞ୍ଚି'ମଦ'ମନ୍ତ୍ର'ଶିଶ'ଚ୍ଛବି'ହର'ମହା ।

**KYE WA CH'I MAR T'O RI YÖN TEN CHOG**  
In all future lives, after I have attained the magnificent and beautiful body

ଘନ୍ତିଶ୍ଵରମହିଷାଧରିଦୟାକୁରୁଷାଶ୍ଵରଶା ।

DÜN GYI DZE PA I DÄL 'JOR LÜ TOB NE  
stemming from the seven supreme qualities of a higher rebirth<sup>2</sup>,

ଘନ୍ତର୍ମାର୍ଦ୍ଧବିନ୍ଦୁରେ ପରିଷରେ ଶକ୍ତିରେ ପରିଷରେ ଶକ୍ତିରେ ପରିଷରେ ପରିଷରେ ।

TEN PA TS'ÜL SHIN 'DZIN PA'I SHEN NYEN DANG  
please create the auspicious links whereby

ମହୁ-ପରି-ହେତୁ-କ୍ଷେତ୍ର-ଶ୍ରୀ-ଶା-ଖେତ୍ର-ଦହମ-ପରି-ଦ୍ଵାଦଶ ।

JÄL WA'T TEN 'DREL DRIG SHIG 'JAM PA'I YANG  
I meet with a spiritual friend who correctly practice of the Dharma, Gentle-Voiced Lord.

ସମ୍ବନ୍ଧମାତ୍ରମୁକ୍ତିପଦିଷ୍ଟଶାସ୍ତ୍ରକାରୀ ।

T'AB K'E T'UG JE DEN PA'I SHE NYEN DE  
When I have correctly understood the ocean-like host of sublime teachings

ପେଶାପଦାଶୁଦ୍ଧାପରିଶୁଦ୍ଧାପଦାକୁମହାକାରିକଣା ।

**LEG PAR SUNG PAT SUNG RAB GYAM TSO'I TS'OG**  
perfectly spoken by that spiritual companion endowed with skilful means and compassion,

କୁପ୍ରାଣିର୍ଦ୍ଦଶଶରଶାନନ୍ଦପ୍ରଶ୍ନର୍ଦ୍ଦଶଶାନ୍ତି ।

TSÜL SHIN TOG NE SHÄN LA TÖN NÜ PA'I  
please grant me the discernment and intelligence that will give me the power

NAM CHÖ LO DRÖ TSÖL CHIG 'JAM PA'I YANG  
to teach it to others, Gentle-Voiced Lord.

କେଣ ସମ୍ବନ୍ଧ ହୁଏ ବିବରଣ୍ୟ ଦେଖିଲୁଛାମୁଁ ।

TS'E RAB KÜN TU SHÄN DÖN K'O NA'I CH'IR  
Solely for the benefit of others, throughout all my lifetimes

SER NA ME PAR DOG PA KÜN TONG SHING  
giving away everything without the least tight-fistedness.

2. Birth into a noble family, with a beautiful bodily form, long life-span, freedom from illness, good fortune, abundant wealth and great intelligence.

ནਮ་གཡੇਦ·ਨੁਵਾ·ਅੰ·ਘਨਮ·ਗਹਨ·ਛੋਮ·ਅ·ਖਾਨ॥ ।

NAM YENG PANG PA'I SAM TEN GOM PA SOG  
meditating stably, avoiding all distraction and so on—

ਅ·ਚ੍ਰਿਕ·ਨੁਗ·ਖਾ·ਛੋਮ·ਤੀਗ·ਭਹਸ·ਅੰ·ਨੁਵਾ॥ ।

P'AR CH'IN DRUG DEN TSÖL CHIG 'JAM PA'I YANG  
grant me possession of the six transcendent perfections, Gentle-Voiced Lord.

ਅ·ਤੰ·ਅੰ·ਕ·ਗ·ਨੁਦ·ਕੋਏ·ਅੰ·ਤੰ·ਅੰ·ਪ੍ਰੇ·ਦ·ਸ਼ੱਕ॥ ।

'KOR WA'I TS'A DUNG SEL WA'I SIL JE CHOG  
Supreme coolness dispelling the painful heat of samsara,

ਸ·ਨੁਦ·ਨਵ·ਗਨ·ਗੰਦ·ਨਾ·ਅੰ·ਦਾਨ·ਅ·ਗੰਦ·ਨੁਦ॥ ।

SUNG RAB GANG RI'I NGÖ LA TA 'DÖ KYANG  
swiftly grasp all those who aspire to the vision of the snowy mountain of the sacred texts

ਕ·ਮ·ਗ·ਧੀ·ਅੰ·ਦ·ਨ·ਗ·ਨ·ਉ·ਦ·ਨ॥ ।

NAM YENG LE LO'I 'DAM DU JING LAG PE  
but have become swallowed up in the mire of dull distraction and laziness

ਨੂ·ਰ·ਗ·ਗੁ·ਸ·ਨ·ਨ·ਗ·ਨ·ਉ·ਦ·ਨ॥ ।

NYUR GYOG T'UG JE ZUNG SHIG 'JAM PA'I YANG  
with your compassion, Gentle-Voiced Lord.

ਕ·ਵ·ਧ·ਨ·ਨ·ਗ·ਨ·ਉ·ਦ·ਨ॥ ।

ZAB LAM TA WA'I LAM LA RAB SHUG NE  
Though I have perfectly entered upon the pathway of the profound doctrine,

ਕ·ਮ·ਗ·ਧੀ·ਨ·ਨ·ਗ·ਨ·ਉ·ਦ·ਨ॥ ।

NAM DRÖL T'AR PA'I LING DU 'DRO 'DÖ KYANG  
though I aspire to depart for the realm of perfect freedom and liberation,

ਕੀ·ਧ·ਨ·ਨ·ਗ·ਨ·ਉ·ਦ·ਨ॥ ।

KÄL MÄN DAG NI 'KOR WA'I SHAG PE CHING  
a being of little fortune, I am bound by *samsara's noose*—

ਅ·ਤੰ·ਅੰ·ਕੀ·ਨ·ਬਸ·ਕਦ·ਤੀਗ·ਭਹਸ·ਅੰ·ਨੁਵਾ॥ ।

'KOR WA'I SHEN T'AG CHÖ CHIG 'JAM PA'I YANG  
Please cut the web of attachment to cyclic existence, Gentle-Voiced Lord.

ਨ·ਨ·ਨ·ਨ·ਨ·ਨ·ਨ·ਨ॥ ।

RANG DÖN NYER SHI KÜN DA'I TS'ÄL PANG NE  
Though I aspire to the vision of the lotus grove of Great Conqueror

ਫ·ਵ·ਨ·ਕੇ·ਨ·ਨ·ਨ·ਨ·ਨ॥ ।

LAB CHEN GYÄL WA'I PE TS'ÄL TA DÖ KYANG  
having abandoned the jasmine forest of my own self interest which has now completely subsided,

ମନ୍ଦରାତ୍ମିକୀ ପାଇଁ ମହାଶୁଦ୍ଧି ପାଇଁ ଏହା ପାଇଁ ।

DAG GI LO 'DI MA RIG 'TIB PÖ DRIB  
this mind of mine is enshrouded in the thick darkness of ignorance—

ମୁଖୀରେ କାହିଁଏବା କାହିଁଏବା କାହିଁଏବା କାହିଁଏବା

MA RIG 'TIB PO SÖL CHIG 'JAM PA'I YANG  
Dispel the darkness of ignorance, Gentle-Voiced Lord.

**DOR NA DAG SOG KYE WA T'AM CHE DU**  
In short, for my self and all others, relying upon the ocean-like collection of Dharma texts

SUNG RAB GYAM TSO'I TS'OG LA TEN JE CHING  
throughout all our lifetimes

'DRO LA 'DÖ GU MA LÜ 'JUNG WAI NE  
and fulfilling all wishes of living beings without the least exception.

ଫିରୁବିନ୍ଦୁ ପାତାଳକାଳୀ ମହାଶୂନ୍ୟରେ ପାତାଳକାଳୀ

**YI ZHIN NOR BUR GYUR CHIG 'JAM PA'I YANG**  
may we become a veritable wish-granting gem, Gentle-Voiced Lord

ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

'JAM YANG KY'Ö LA SÖL WA TAB PA'I TÙ  
By the power of praying to you, Mañjuśrī.

ହେତୁଶାନ୍ତିଶକ୍ତିଧର୍ମଦିଶୁକ୍ଳଶିଶ୍ବା ।

TS'OG NYI NAM PAR DAG PA'I DRU C  
in order to save all beings from the ocean C

ପ୍ରଶ୍ନମାତ୍ରାଶିଦ୍-ପଦି-ମହେ-ସାଂକ୍ଷେ-ପା-ପା ।

'DRO NAM SI PA'I TS'O LE DRÖL WA LA  
with the boat of the perfected two accumulations,

བདག་ོང་འཇ්ධ-བක්ଷ-ོང-ཅිග-འඩ-པැ-ན-වුනා |

DAG KYANG KYÖ SHIN GYUR CHIG 'JAM PA'I YANG  
Gentle-Voiced Lord, may even I become just like you.

ମୁଖ୍ୟମିତ୍ରଙ୍କାରୀ ଏହାରେ ପରିଚାଳନା କରିବାକୁ ପରିଚାଳନା କରିବାକୁ

DÜ 'DI NE NI ZUNG NE SU  
From this time forth,

ଶ୍ରୀମଦ୍ଭୁବନାମଶ୍ଵରାମ ।  
CH'I MA JANG CHUB MA T'OB BAR  
until, in the future, I have attained enlightenment

ຂେ' ພତ୍ରକ' ଦ୍ଵାରା ପରି' ନ୍ମରଣା ଶ୍ରୀଷ୍ଟି । ।

JE TSÜN 'JAM PA I YANG KYI NI  
may the Gentle–Voiced Lord Mañjughosha

ଘରାଶି' ଶା' ମର୍ଦ୍ଦି' ଶାର୍ଶି । ।

DAG GI LA MA DZE DU SÖL  
always be my teacher.

ପତ୍ର' ଖରା' ପ୍ରତିଦିନଶ୍ରୀ' ମାନ୍ଜୁଗୋଷା' ସହା' ପତ୍ର' ଶ୍ରୀଷ୍ଟି । ।

TSE DEN KYÖ KYI KY'EN RAB 'Ö SER GYI  
Love-filled one, with the radiant light of your supreme knowledge

ଘରା' ପତ୍ରି' ଦି' ମୁଗ' ମୁକ୍ତି' ଏ' ସହା' ପତ୍ରା' ଶ୍ରୀଷ୍ଟି । ।

DAG LO'I TI MUG MÜN PA RAB SÄL NE  
completely illumine the dull stupidity of my mind.

ଘରା' ଦିନ' ଏ' ପତ୍ରା' ପତ୍ରା' ଶ୍ରୀଷ୍ଟି' ପତ୍ରା' ପତ୍ରା' । ।

KA' DANG TEN CHÖ SHUNG LUG TOG PA YI  
Grant me the intelligence and clear confidence of mind

ପତ୍ରା' ଶ୍ରୀଷ୍ଟି' ସହା' ପତ୍ରା' ସହା' ପତ୍ରା' ଶ୍ରୀଷ୍ଟି । ।

LO DRÖ POB PA'I NANG WA TSÄL DU SÖL  
to understand the teachings and their various commentaries and precepts.

ଶାର୍ଦ୍ଦି' ପତ୍ରା' ସହା' ପତ୍ରା' । ।

GANG TS'E TA WAR 'DÖ PA 'AM  
Whenever I need to see you,

ପତ୍ରା' ଶାର୍ଦ୍ଦି' ସହା' ପତ୍ରା' । ।

CHUNG ZE DRI WAR 'DÖ NA YANG  
or even just ask you a question,

ମର୍ଦ୍ଦି' ପତ୍ରା' ଶାର୍ଦ୍ଦି' ସହା' ପତ୍ରା' । ।

GÖN PO 'JAM YANG KYÖ NYI NI  
Protector Mañjushri,

ଶେଶା' ମେଦ' ସହା' କି' ମର୍ଦ୍ଦି' ସହା' ପତ୍ରା' । ।

GEG ME PAR NI T'ONG WAR SHOG  
may I perceive you without the slightest obstacle.

ଶ୍ରୀଷ୍ଟି' ପତ୍ରା' ମାନ୍ଜୁଗୋଷା' ଶ୍ରୀଷ୍ଟି' ପତ୍ରା' । ।

CH'OG CHU NAM KA'I T'E TUG PA'I  
May my way of life

શેમણ તરફાનું ર્વિષાય વજ્ઞાન હોય શ્રીમદ્ |

SEM CHEN KÜN DÖN DRUB JA'I CH'IR  
be like that of Mañjushri,

ક્રીલ્લું ર્વદ્માન્વદસાન્ન્દું મર્દાં |

JI TAR 'JAM YANG CHÖ DZE PA  
who exists only to accomplish the benefit

એનાન્નાનાન્નું એર્ડું એર્ડું એન્નાં |

DAG SOG CHÖ PA'ANG DE 'DRAR SHOG  
of the sentient beings in the ten directions.

એનાન્નાનાન્નું એર્ડું એર્ડું એન્નાં |

DAG KYANG 'JAM YANG KA' DRIN GYI  
Until I reach the bodhisattva level of 'Perfect Delight',

એસાન્નાનાન્નું |

SA RAB GA' WA T'OB BAR DU  
by the kindness of Mañjughosha

એટ્રાન્નું એસાન્નાન્નાં |

TAG TU TS'E RAB DRÄN PA DANG  
may I always have recollection of my past lives

એટ્રાન્નું એસાન્નાન્નાં |

RAB TU JUNG WA T'OB PAR SHOG  
and embrace the life of perfect renunciation.

શ્રીસ્ત્રીમાણસમાન્નાન્નું એન્નાન્નાં ||

*The three final verses are from Shantideva's Bodhicharyavatara.*



This text was translated by Mike Dickman for the  
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May the *dakinīs* and *dharmapālas* forgive any errors or omissions.



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