Khenpo Samdup Rinpoche

Daily Practice
Opening and Closing Prayers
September 2021
Opening Prayers

ALTRUISTIC MOTIVATION

All mother sentient beings - especially those enemies who hate me, obstructors who harm me, and those who create obstacles on my path to liberation and omniscience. May they experience happiness, be separated from suffering and swiftly, I will establish them in the state of unsurpassed, perfect, complete, and precious buddhahood. (repeat three times)

ACTION BODHICITTA PRAYER

Thus, until I achieve enlightenment, I perform virtuous deeds with body, speech, and mind. Until death, I perform virtuous deeds with body, speech, and mind. From now until this time tomorrow, I perform virtuous deeds with body, speech, and mind.
LONG REFUGE PRAYER

We take refuge in the kind root Lama and lineage Lamas.
We take refuge in the deities of the mandalas of the Yidams.
We take refuge in all the exalted Buddhas.
We take refuge in the perfect Dharma.
We take refuge in the excellent order of the Sanghas.
We take refuge in all the noble Dakas, Dakini and Dharma-guardians – possessors of the eye of wisdom.

(repeat three times)
TAKING THE BODHISATTVA VOW

Until I attain the heart of enlightenment, I take refuge in all the Buddhas. I take refuge in the Dharma and likewise in the assembly of the Bodhisattvas. As the previous Buddhas embraced the enlightened mind and progressed on the Bodhisattvas' path, I, too, for the benefit of all sentient beings, give birth to bodhicitta, and apply myself to accomplish the stages of the path.

(repeat three times)
SHORT REFUGE PRAYER

In the Buddha, the Dharma and Sangha most excellent,  
I take refuge until enlightenment is reached.  
By the merit of generosity and other good deeds,  
May I attain buddhahood for the sake of all sentient beings.  
(repeat three times)

THE FOUR IMMEASURABLES

May all mother sentient beings, boundless as the sky, have happiness and the causes of happiness.  
May they be liberated from suffering and the causes of suffering.  
May they never be separated from the happiness that is free from sorrow.  
May they rest in equanimity, free from attachment and aversion.  
(repeat three times)
SEVEN LIMB PRAYER

I bow down respectfully with my body, speech and faithful mind to all Tathagatas in the ten directions, those who have already reached the Tathagata state, those who are reaching it at present, and those Tathagatas still to come.

Through the power of Samantabhadra’s prayers, may all Buddhas manifest vividly in my mind. I prostrate to them, multiplying my body as many times as there are atoms of the earth.

In each atom, I visualize as many Buddhas as there are atoms, surrounded by countless Bodhisattvas. Thus, all space is filled with Buddhas and Bodhisattvas.
I praise all Buddhas through magnificent chanting, expressing the great ocean of their excellent qualities.

To all Buddhas, I make offerings of various pure flowers, flower garlands, of music, anointing oils, magnificent light and fragrant incense.

I make offerings to them, of fine garments, perfume, and pot-pourri piled high as Mount Meru and arranged in the most beautiful way.
I visualize the highest and most extensive offerings, and offer them with great faith to all Buddhas. I prostrate to the Buddhas and make offerings to them, following the deeds of the great Bodhisattva Samantabhadra.

DÖG-CHAG ZHE-DANG TI-MUG WANG-GI NI/
LÜ-DANG NGAG-DANG DE-ZHIN YI-KYI KYANG/
DIG-PA DAG-GI GYI PA CHI-CHI PA/
DE-DAG TAM-CHE DAG-GI SO-SOR SHAG/

I confess to you, Buddhas, whatever negative actions I have committed due to the power of anger, desire and ignorance.

CHOG-CHU GYAL-WA KUN-DANG SANG-GYE SA'I/
RANG-GYAL NAM-DANG LOB-DANG MI-LOB DANG/
DRO-WA KUN-GYI SO-NAM GANG-LA YANG/
DE-DAG KUN-GYI JE-SU DANG-YI RANG/

I rejoice in the merit of all the Buddhas in the ten directions, of the great Bodhisattvas and Pratyekabuddhas, those who have attained arhatship, those who have entered the path of arhatship and all other beings.

GANG-NAM CHOG-CHU'I JIG-TEN DRON-ME NAM/
JANG-CHUB RIM-PAR SANG-GYE MA-CHAG NYE/
GON-PO DE-TAG DAG-GI TAM-CHE LA/
KHOR-LO LA-NA MED-PA KOR-WA KUL/

I request to all great protectors and Buddhas to turn the highest wheel of Dharma as the light dispelling the darkness of beings in the ten directions and leading them gradually to the enlightened state.
I supplicate those Buddhas intending to pass into parinirvana to live long, for as many aeons as there are atoms of the earth in order to benefit all beings.

Whatever merit I have gathered through prostrations, offerings, confession, rejoicing, beseeching, and praying for the sake of the enlightenment of all sentient beings. All this I dedicate.
The ground is sprinkled with scented water and strewn with flowers.
It is adorned with Meru, the supreme mountain, the four continents, and the sun and moon.
As a Buddhahafeld, I offer it.
May all sentient beings attain the happiness of the Buddhahafs.

To the Lamas who possess the three kayas,
I offer the outer, inner and secret offerings,
With my body, wealth and all that is visible.
Please grant me the supreme realization -- Enlightenment.

Whatever merit I have gathered through prostrations, offerings, Confession, rejoicing, beseeching and praying --
For the sake of the enlightenment of all sentient beings, All this I dedicate.

\[\text{OM GURU RATNA MANDALA PUDZA MEGHA SAMUDRA SAPARANA SAMAYE AH HUNG}\]
SUPPLICATION TO LORD JIGTEN SUMGON

KYAB-DREN-GYI DHO-ME ZAM-LING GYEN/
DRAG-PAY TONG-SUM YON-LA KHYAB/
TSÖ-MEY GYAL-WA DOR-JE CHANG/
PHA-JIG-TEN GON-PAT SHA-LA DU/
DÜ-TAG-TU SAM-GYU KHYÖ-LAY MEY/
JIN-GYI LOB-SHIG THU-JE CHEN/
NYING-GI MUN-PA SAL-NE KYANG/
SEM TRÖ DREL-DU TOG-PAR JIN-GYI LOB/

Unequaled refuge, ornament of the world,
Your fame pervades the three thousand worlds.
You are the victor, Vajradhara, without a doubt.
I bow at the feet of the father, Jigten Sumgön.

Continually, I think of no one but you.
Compassionate One, grant your blessings.
Dispel the darkness that surrounds my heart.
Please bless me so that I can realize the unelaborated nature of mind.

REQUEST FOR TEACHINGS

SEM-CHEN NYAN-KYI SAM-PA DANG/
LÖ-YI JE-DAK JI-TA WA/
CHE-CHUNG THUNG-MONG THEK-PA YI/
CHÖ-KYI KHIR-LO KOR-DU SOL/

Please turn the wheel of the Dharma
Of the two vehicles and their combination
According to the disposition and
Likewise, the mental capacities of sentient beings.
LONG PRAISE TO MANJUSHRI

GANG GI LO DRO DRIB NYI TRIN DREL NYI TAR NAM DAG RAB SEL WA
His wisdom is brilliant like the sun, free of the clouds of the two veils, and perceives the various types of
knowledge in their true nature. For this reason, he holds the wisdom text at his heart.
He has compassion

GANG DAG SI PAI TSÖN RAR MA RIG MUN THUM DUG NGEL GYI ZIR WAT
for all beings, who suffer from the darkness of ignorance in the prison of samsara,
as a father for an only son.

DRO TSHOG KUN LA BU CHIG TAR TSE YEN LAG TRUG CHUI YANG DEN SUNG
Like a thunderclap, he awakens those who are sleeping in ignorance and loosens the chain of karma
through the sixty branches of harmonious speech.

DRUG TAR CHER DROG NYÖN MONG NYI LONG LE KYI CHAG DROG DROL DZE CHING
He wields the wisdom sword to cut the seedling of suffering and to dispel the darkness of confusion.

MA RIG MUN SEL DUG NGEL NYU GU JI NYE CHÖ DZE REL DRI NAM
In the bodhisattva form, he is pure from beginningless time,

DÖ NE DAG CHING SA CHUI THAR SÖN YÖN TEN LÜ DZOG GYEL SE KU
fully accomplished in the ten levels, and perfect in the body of all knowledge.

CHU TRAK CHU DANG CHU NYI GYEN TRE DAG LO'I MUN SEL KHYO LA DÜ
I supplicate you, Manjushri, adorned by the 112 signs of a buddha, to dispel the
darkness of my ignorance.
शॉर्ट प्राइज़

ZHÓN NUI KU LÜ CHANG WA PO / YE SHE DRON ME RAB TU BAR
You who are the perfect, youthful body, whose flame of wisdom blazes

JIG TEN TI MUG MUN SEL WA / JAM PEL YANG LA CHAG TSEL TŌ
and dispels the darkness of worldly ignorance: I prostrate before you and praise you, Manjushri

मांत्रा विज्ञापन

THUG KAR NYI TENG MUM THAR NGAG TRENG CHE /
SER DOG WÖ KYI RANG ZHIN YE KHIR WAI
At the heart chakra is a sun disc on which stands the MUM syllable,
surrounded by the mantra circling clockwise

ZER TRO CHOG DU GYEL KÜN CHIN THU DÜ / MUM THIM LAR WO TRO PE NÖ ZHEL YE
in golden light. Light radiates from the mantra, invoking all the blessings and energies of all the buddhas,
which dissolves into the MUM syllable. Again, light radiates and transforms the outer universe

NYI GYUR CHU KYI SEM CHEN DRIB PA JYANG
RANG DRA'T LHAR GYUR KÜN KYANG NGAG DRA DROG
into the superb pure land and purifies all the obscurations of sentient beings, who are then transformed into
Manjushri. All are reciting the mantra together.

WÖ ZER TSUR DÜ SA BÖN LA THIM MIG
The light then returns to the seed syllable.

ॐ ग्न ल्य र्म ॐ

OM WA GHI SHWA RI MUM

ॐ फ्र प्र त्स ना धी

OM AH PA PA TSA NA DHIH
Kagyu Lineage Dedication Prayer

DOR-JE CHANG-CHEN TI-LI NA-RO DANG/
MAR-PA MI-LA CHO-JE GAM-PO-PA/
PHAG-MO DRU-PA GYAL-WA DRI-KUNG-PA/
KAG-YU LA-MA NAM-KYI TA-SHI SHOG/

By this virtue, may I achieve omniscience
By defeating all enemies - confusion.
May all who travel on the waves of birth, old age, sickness and death - Cross the ocean of samsara.

SO-NAM DI-YI THAM-CHE ZIG-PA NYI/
THOB-NE NYE-PAY DRA-NAM PHAM-CHE TE/
KYE-GA NA-CHI BA-LONG TRUG-PA YI/
SI-PAY TSHOLEY DRO-WA DROL-WAR SHOG/

Bodhicitta, the excellent and precious mind
Where it is unborn, may it arise,
Where it is born, may it not decline,
But ever increase higher and higher.
I pray that the Lama may have good health.
I pray that the Lama may have long life.
I pray that your Dharma activities spread far and wide.
I pray that I may not be separated from you.

As Manjushri, the warrior, realized the ultimate state,
And as did Samantabhadra,
I will follow in their path
And fully dedicate all the merit for all sentient beings.

By the blessing of the Buddha who attained the three kayas,
By the blessing of the truth of the unchanging Dharma- as-such,
By the blessing of the indivisible Sangha order,
May the merit I share bear fruit.
WELL-KNOWN PRAYER CALLED DAKHORMA

By the virtues collected in the three times
By myself and all beings in samsara and nirvana,
And by the innate root of virtue,
May I and all sentient beings quickly attain
Unsurpassed, perfect, complete, precious Enlightenment.

May the teachings of the Great Drikungpa, Ratnashri,
Who is omniscient, Lord of the Dharma, Master of Inter-dependence,
Continue and increase through study, practice, contemplation and meditation
Until the end of samsara.

Sarva Mangalam