

Resources for study of the Bodhicharyavatara

Shantideva's guide to the Mahayana Path 8th century India, Nalanda University

"If I have any understanding of compassion and the bodhisattva path, it all comes from studying this text", His Holiness the Dalai Lama

The Thirty -Seven Bodhisattva Practices, by Ngulchi Thogme Zangpo

No Time to Lose: a Timely Guide to the Way of the Bodhisattva, by Pema Chodron
Gives a clear explanation of Buddhist concepts found in the Bodhicharyavatara

The Nectar of Manjushri's speech..., by Kunzang Pelden
Verse by verse commentary

For the Benefit of Beings, by HHDL
Commentary on selected verses of the text

Resource for chapter 6 on Patience:

Healing Anger, by HHDL
Indispensable commentary on chapter 6 with practical meditations

Resources for chapter 9:

Practicing Wisdom, by HHDL
Complete commentary with meditations on chapter 9

Essence of the Heart Sutra, by HHDL
Very helpful to understand the various schools of ancient India and why to study them

Video Teachings on Four Noble Truths (also available in a book format)

<https://www.buddhistdoor.net/video/the-four-noble-truths>

Part 4 is especially helpful to understand chapter 9

Vast as the Heavens Deep as the Sea, by Khuna Lama Rinpoche
Praise to bodhicitta by a teacher of HHDL, especially on the Bodhicharyavatara

Two meditation guides:

Brightly Shining Sun, by Patrul Rinpoche

<https://www.lotsawahouse.org/tibetan-masters/patrul-rinpoche/bodhicharyavatara-brightly-shining-sun>

The Garland of Jewel Ornaments, by Rongtonpa

<https://www.lotsawahouse.org/tibetan-masters/rongton/garland-jewel-ornaments>

Many Resources can be accessed via the internet. The following info is from **rigpawiki.org** bodhicharayavatara:

Tibetan translations of the text itself include ten in the Tibetan Tengyur. The first translation into Tibetan was in the 9th century by Kawa Paltsek and Sarvajnadeva, revised twice by Rinchen Zangpo in the 10th century, and by Ngok Loden Sherab and Sumatikirti in the 11th century.

Commentaries were written in India as well as in Tibet. Some of the many important commentaries were written in Tibetan and studied today in the monasteries:

Sonam Tsemo 1142-1182

Ngulchu Thogme Zangpo 1295-1369: Ocean of Good Explanation/The Thirty-Seven Bodhisattva Practices

Buton Rinchen Drup 1290-1364

Mipham Rinpoche 1846-1912: The Ketaka Gem

Khenpo Kupal 1862-1943: Drops of Nectar

<http://www.bodhisvara.com/> The entire Bodhicharyavatara chanted in Sanskrit